

Monday <i>Week one</i>	Tuesday	Wednesday	Thursday	Friday
Lunch- Chicken Curry with White rice (DF) Thai Red Curry (V) Pudding- Fresh fruit salad Tea- Crackers with cheese, Grapes and Apple	Lunch- Beef casserole with boiled potatoes and Broccoli (DF) Moroccan bean casserole (V) Pudding- Yoghurt/ Free from yoghurt (DF) (V) Tea- Baked beans with toast	Lunch- Sweet and sour chicken with rice Katsu Curry (V) Jam sponge (DF) (V) Tea- Pancakes with mixed berries and yoghurt	Lunch- Tomato and basil penne pasta with broccoli (DF) (V) Pudding- Melon platter Tea- Ham and cheese sandwiches with cucumber	Lunch- Breaded Cod with oven cooked chips and baked beans (DF) Cheese, onion and leek potato bake (V) Pudding- Fresh fruit Tea- Jacket potato with cheese or Tuna
Monday <i>Week Two</i>	Tuesday	Wednesday	Thursday	Friday
Lunch- Beef bolognaise and pasta with broccoli (DF) Lentil Bolognaise (V) Bakewell Tart (DF) (V) Tea- Vegetable soup with bread	Lunch- Roast Chicken with roast potatoes and sweetcorn (DF) Plant based Shepherd's Pie (V) Pudding- Fresh fruit Tea- Jacket potato with cheese or Tuna	Lunch- Macaroni Cheese or Tomato penne pasta with Mixed vegetables (DF) (V) Pudding- Yoghurt/ Free from yoghurt (DF) (V) Tea- Crackers with cheese, Apple and grapes	Lunch- Shepherd's Pie with Minted vegetables or Lentil and vegetable flaky pie (V) Pudding- Mixed Berries Tea- pitta bread, ham. Cheese and veg sticks	Lunch- Chicken or Fish Goujons with wedges and beans (DF) Tomato lentil and sweet potato crumble (V) Jam sponge (DF) (V) Tea- Breadsticks with cheese, ham and celery
Monday <i>Week Three</i>	Tuesday	Wednesday	Thursday	Friday
Lunch- Sweet and sour chicken and white rice (DF) Moroccan bean casserole (V) Pudding- Yoghurt/ Free from yoghurt (DF) (V) Tea- Ploughman's platter	Lunch- Fishcakes (DF) with croquette potatoes and beans Cheese, onion and leek potato bake (V) Pudding- Apricot crumble (DF) (V) Tea- Pancakes with mixes berries and yoghurt	Lunch- Beef casserole with boiled potatoes and broccoli (DF) Moroccan bean casserole (V) Pudding- Fresh fruit Tea- Chicken and cheese sandwiched with cucumber	Lunch- Beef lasagne with sweetcorn or Vegetable Lasagna (V) Tomato penne pasta (DF) Chocolate chip sponge (DF) (V) Tea- Baked beans with toast	Lunch- Tomato and basil penne pasta with peas (DF) (V) Pudding- Fresh fruit Tea- Cheese wraps with peppers
Monday <i>Week Four</i>	Tuesday	Wednesday	Thursday	Friday
Lunch- Beef bolognaise with peas and sweetcorn Cheese, onion and leek potato bake (V) Apple Pie (DF) (V) Tea- Ham or cheese sandwiches with Melon	Lunch- Chicken curry with white rice (DF) Thai Red Curry (V) Pudding- Melon platter Tea- Vegetable soup with bread	Lunch- Shepherd's pie with minted vegetables Plant based Shepherd's Pie (V) Minced Beef Hotpot (DF) Chocolate chip sponge (DF) (V) Tea- Jacket potato with cheese or tuna	Lunch- Chicken or Fish Goujons with potato wedges and beans (DF) Tomato lentil and sweet potato crumble (V) Pudding- Fresh fruit Pancakes with mixed berries and yoghurt	Macaroni cheese or Tomato penne pasta with mixed vegetables (DF) (V) Bakewell Tart (DF) (V) Tea- Crackers with cheese and Apple