

Tigers at Theale Menu Winter 2022



MONDAY WEEK ONE	MONDAY WEEK TWO	MONDAY WEEK THREE	MONDAY WEEK FOUR
Chilli and rice with carrots Apple cake Wraps with various fillings and vegetable sticks Fresh fruit	Barbeque chicken with sweet potato wedges and peas Apple & mince meat crumble with cream Soup with homemade bread Fresh Fruit	Cheesy leek pasta bake with sweetcorn Fruit cocktail Homemade bread rolls with various fillings Fresh fruit	Chicken and mushroom pie, new potatoes, and mixed vegetables Fruity sponge cake Fish finger sandwiches Fresh fruit
TUESDAY	TUESDAY	TUESDAY	TUESDAY
Pasta neapolitan with green beans Ice cream Homemade sausage rolls Fresh fruit	Roast pork, roast potatoes, with carrots and cabbage Cheesecake Crumpets and savoury spreads Fresh Fruit	Chicken casserole with mash potato and carrots Peaches and cream Cheesy catherine wheels Fresh fruit	Roast Turkey with roast potatoes, brussel sprouts and gravy Yoghurt Chilli and pitta breads Fresh fruit
WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
Roast chicken with parsnips, roasted potatoes, carrots, and gravy Bananas and custard Sandwiches Fresh fruit	Fish Pie and carrots Yoghurt Beans on toast Fresh fruit	Beef goulash, rice, and sweetcorn Fruit crumble and cream Savory scones with vegetable sticks Fresh fruit	Spaghetti Bolognese Apple muffins Jacket potato with cheese and beans Fresh fruit
THURSDAY	THURSDAY	THURSDAY	THURSDAY
Cheese and potato bake with broccoli Jelly mousse Chicken goujons and baked beans Fresh fruit	Cottage pie with peas Fruity flapjack Cheese and pepper rolls Fresh fruit	Roast gammon with potatoes and cabbage Stewed fruit and custard Spaghetti hoops on toast Fresh Fruit	Chicken Curry with rice and broccoli Fresh fruit salad Sandwiches Fruity scones
FRIDAY	FRIDAY	FRIDAY	FRIDAY
Fish fingers mash and spaghetti hoops Yoghurt Pittas with cheese and pepperoni Fresh fruit	Sweet and sour chicken with rice and carrots Pears and custard Toasted muffins and spreads Fresh fruit	Meatballs in tomato sauce with pasta and peas Mousse Jacket potatoes with cheese and tuna Fresh fruit	Pork casserole with new potatoes and cabbage Bananas & custard Soup with homemade bread Fresh fruit