

MONDAY WK 1	MONDAY WK 2	MONDAY WK 3	MONDAY WK 4
LUNCH: Chicken curry, rice, peas PUDDING: Peaches and custard TEA: Spaghetti hoops, toast, fruit	Lunch: Lamb casserole, dumplings, cauliflower PUDDING: Peaches TEA: Baked beans on toast	LUNCH: Cheese tomato pasta, sweetcorn PUDDING: Fruit mousse TEA: Ham, cheese wraps, fruit	LUNCH: Roast chicken, roast potatoes, peas PUDDING: Yoghurt TEA: Potato leek soup, bread, fruit
TUESDAY WK 1	TUESDAY WK 2	TUESDAY WK 3	TUESDAY WK 4
LUNCH: Macaroni cheese, broccoli PUDDING: Shortbread TEA: Tomato soup, bread and butter, fruit	LUNCH: Spaghetti Bolognese, peas PUDDING: Fruit muffins TEA: Jacket potatoes, cheese, fruit	LUNCH: Beef, roast potatoes, carrots PUDDING: Yoghurt TEA: Beans on toast, fruit	LUNCH: Tomato pasta, sweetcorn PUDDING: Banana, custard TEA: Turkey, cheese wraps, cucumber, fruit
WEDNESDAY WK 1	WEDNESDAY WK 2	WEDNESDAY WK 3	WEDNESDAY WK 4
LUNCH: Mince beef cobbler, carrots PUDDING: Yoghurt TEA: Ham and cheese wraps, fruit, cucumber	LUNCH: Tuna pasta bake, sweetcorn PUDDING: Banana, custard TEA: Chilli, pittas, fruit	LUNCH: Vegetable curry, rice PUDDING: Shortbread TEA: Jacket potato, cheese, fruit	LUNCH: Mince beef, mash potato, carrots PUDDING: Iced sponge TEA: Spaghetti hoops, bread, fruit
THURSDAY WK 1	THURSDAY WK 2	THURSDAY WK 3	THURSDAY WK 4
LUNCH: Lamb, roast potato, swede PUDDING: Chocolate brownie TEA: Veggie rolls, tomato slices, fruit	LUNCH: Harlequin chicken, rice, broccoli PUDDING: Apple cake TEA: Carrot and coriander soup, bread, fruit	LUNCH: BBQ chicken, new potatoes, peas PUDDING: Fruit, custard TEA: Vegetable soup, bread, fruit	LUNCH: Vegetable hotpot, swede PUDDING: Shortbread TEA: Jacket potatoes, cheese, tuna, fruit
FRIDAY WK 1	FRIDAY WK 2	FRIDAY WK 3	FRIDAY WK 4
LUNCH: Fish, mash potato, peas PUDDING: Fruit mousse TEA: Chicken couscous, fruit	LUNCH: Roast chicken, roast potatoes and carrots. PUDDING: Yoghurt TEA: Veggie rolls, cucumber, fruit	LUNCH: Cheesy leek pasta, broccoli PUDDING: Apple muffins TEA: Crumpets, soft cheese, marmite, peppers	LUNCH: Fish fingers, new potatoes, baked beans PUDDING: Fruit mousse TEA: Chilli, pittas, fruit